



COLLEGE/CAREER ACCESS PROGRAM

www.delmarvaed.org

TEN THINGS YOU NEED TO KNOW ABOUT COLLEGE

1. **How to manage time**
2. **How to manage credit (Don't get credit cards)**
3. **How to handle occasional homesickness**
4. **How to study or use academic resources**
5. **How to be a good roommate**
6. **How to use the Internet for more than surfing "mySpace.com"**
7. **How to do laundry**
8. **How to find help and advice on campus**
9. **How to live on a budget**
10. **How to get the most out of college (such as clubs, sports, leadership, etc.)**

College applications	
Deadlines	
UMES	Rolling Admission
Coppin University	Rolling Admission By July. 15

College Access

Volume I, Issue 3

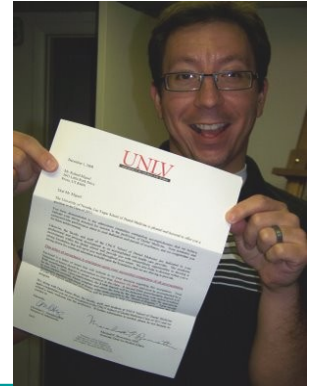
Spring 2009

Congratulations! You have been accepted to COLLEGE !!!!!

Seniors, high school will soon be a distant memory. Now you're preparing to embark on a new chapter in your life, COLLEGE. This is a fun and exciting time; however, it can also be scary—that's normal. Don't relax yet... you should still be investigating and applying for scholarships!

Juniors, you have numerous options to explore and decisions yet to make. Use this time wisely: keep your grades up, be aware of deadlines, ask for help!

Come visit us in the College/Career Access Office in your school, or at the DEF-CCAP office in the Wicomico Public Library. Our advisors are ready to assist you with any questions and concerns you may have, to guide you in the right direction, to help you achieve your higher education college and career goals.



Making the right decision

When Hannah received acceptance letters from two of her top choices, she was delighted. But as spring rolled around and her friends were all mailing in deposits, Hannah's happiness turned to anxiety. Each day, she grew more and more unable to decide which school to choose. One day she'd decide on one, then a few days later, she was sure she should pick the other. She had pressure all around her to make a decision. This left Hannah really stressed which only compounded the problem. She thought the hard part was GETTING ACCEPTED TO COLLEGE. Sound familiar? If so, first congratulate yourself that you've been accepted Then relax, take a step back, and seek a fresh look at the situation.

- **Try to get personal**

Since you've probably considered the more pressing factors earlier in the admissions process, your final decision might rest on personal choice. "Try to go beyond what is published in their brochure, Web site or on their official tour," offers **Chris Lydon**, dean of admissions at Providence College (providence.edu). "Explore the campus on your own; visit the areas you didn't see on the tour. Talk to students, visit the library, eat in the café, seek out faculty in your major."

- **Consider extra-curricular**

Though you're heading off to college for an education, don't feel guilty if it's nonacademic issues that are keeping you up at night. Many students are torn by where their friends are heading, what activities are offered or other nonacademic issues. If that's what holding you back, spend some time making an honest assessment of how important these issues are to you.

- **Face parental pressure**

Parental pressure can be a roadblock when you lean toward one school, but Mom and Dad hope you choose the other. A bit of research may be all that's required to break that barrier. "Gather information from the school that you're in favor of, then sit down at the kitchen table with your parents and use that information to convince them that the school you're leaning toward is the right one for you," says Lydon. Calmly presenting them with researched facts and information may bring them over to your side, as well as impress them with your motivation.

- **Conquer those nerves**

Dragging your feet at making that final commitment might just be a bad case of nerves—understandable when you're making a major decision! One way to get past that is to collect your thoughts on paper. "Try to overcome nervousness by logically weighing the pros and cons of each school. Compose a written list. This way, the information will be clearly laid out, and you can visually compare the two schools," suggests Ann K. Masterman, admission counselor at the University of Miami (miami.edu).

Relax you can always transfer to another school if you feel you made the wrong decision

<http://www.nextstepmagazine.com/nextstep/articlePage1.aspx?artId=3352&categoryId=46>

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College life: Tips for making friends in your first year



“Making friends in college can be difficult, but if you make the right decisions, you can see almost anything as an opportunity to meet new people and establish new friendships.”

Making friends in high school is relatively easy. You have lunch at the same time, in the same area, and you spend virtually all day, every day with the same people. College, on the other hand, is very different. Each individual's schedule is different so it can be difficult for some people to make friends in college. Here are a few tips for making friends in your first year.

It may seem like a good idea to live off campus and commute to school, but the reality is, dorms are a great way to meet college friends. Roommates are usually randomly assigned by the university, giving you a chance to meet someone you may have never become friends with otherwise. In addition, there are typically countless students roaming the dormitory hallways and any one of them could be a potential friend.

Although partying is a lot of fun, remember to go to class. You'll be able to meet people with similar interests, at least academically, who can become your

friends. You can start your friendship by sharing notes or studying together, and then move onto other social activities from there.

College campuses are riddled with various clubs, teams, and community groups that students are free to join. Join one of these clubs to meet new people with similar interests.

Many students like to study in their dorm rooms or at their off-campus homes. Studying at the library, however, gives you an opportunity to meet new people with diverse academic interests.

Many universities will have social mixers to encourage students to form new relationships, make networking contacts, and become friends. If you have time in your schedule, attend some school sponsored events, including athletic events, and you are guaranteed to

meet a large number of new potential friends.

Today, it is very easy to network online via social networking websites. Websites like Facebook or MySpace are both great places to network with people from your school. Join your particular institution's network on Face Book and get immediate access to different parties, events, and other information about your school. You can also read comments left on message boards by members of your school or community and reply with your own messages.

Making friends in college can be difficult, but if you make the right decisions, you can see almost anything as an opportunity to meet new people and establish new friendships.

<http://www.helium.com/items/684405-college-life-tips-for-making-friends-in-your-first-year>

Seven Excuses Not to Go to College...And Why They're Lame

Think college is for other kids, and not for you? Wrong. Don't give up on applying to college before you take a good look at it.

1. I can't go to college—nobody in my family has ever gone.

In every family, someone has to be first. Why not you? True, being first can be hard. For instance, you may have to explain to the family why college is important to you. On the other hand, being first is likely to be a source of pride, for you and for your family.

2. I've been in school for 12 years. That's enough! I just want a good job.

Give college a chance. It's not like high school or junior high. For one thing, in college you pick a major—a subject area that you want to learn about. As for that good job—the best jobs and the best salaries go to college grads.

3. I can't go to college because I can't afford it.

Most students get financial aid to help pay for college, and most aid is based on need. This means that the less money you have, the more aid you might get.

4. I can't go because I don't know how to apply or where I want to go.

Tell your high school counselors you want to go to college fairs, where colleges introduce themselves to students. Ask them how to write to schools for information. Try to visit colleges that interest you. Keep at it. After a while, you'll get a feel for differences among colleges, and start to know what you want.

5. I can't go to college—I don't know what I want to do with my life.

Join the crowd. Thousands of college freshmen haven't decided on a major or on a career. That's how college helps. It exposes you to all sorts of subjects you've never heard of before. College is a great place to learn more about careers you'll love for life.

6. I can't go to college, because I just won't fit in.

Not so. Most colleges have students from many backgrounds. Homesick? Need a hand? Look for people with your interests or your background in the African-American club, on the soccer field, or in a Korean study group. Remember, college is a great place to meet new kinds of people with different lifestyles. And the more people you understand and feel comfortable with, the better prepared you'll be for the world after college.

7. College is too hard for me.

Not you, too! Most students worry about being good enough for college, so you're not alone. One idea: In high school, don't just study—learn how to study. Most good students have strategies for studying. Once you learn how to study, chances are you'll do fine. Still need help? Professors are really helpful, and so are tutors.



Announcement: Please stop by the College/ Career Access Office in the media center and share your exciting college acceptance news with Ms. Ross. Your name will be posted on the “college acceptance map” in the Indian